

Akeley Wood School
EXTRA-CURRICULAR SPORT WINTER PROGRAMME 2016
Commencing Tuesday 6th September

N.b – For lunchtime clubs pupils will participate in their school uniform and trainers

Day		Year Group	Club	Time	Venue	Staff
Monday	Lunchtime	Year 7 & 8	Football – Skills Session	12.35 – 1.05pm	THM Astro	JE
		Year 10 - 13	Open Gym Session	12.35 – 1.05pm	AWH SCZ	SBR
		Year 9 - 13	Open Netball Session	12.35 – 1.05pm	AWH Dome	LJD
	After school	Year 10 - 13	Hockey Training (Girls)	4.00 – 5.00pm	AWH Astro	NEC
		Year 11 - 13	Rugby Training (Boys)	4.15 – 5.15pm	AWH Fields	GRS
Tuesday	Lunchtime	Year 7 & 8	Netball – Skills Session	12.35 – 1.05pm	THM Astro	JE
		Year 10 - 13	Open Gym Session	12.35 – 1.05pm	AWH SCZ	HP
		Year 9 - 13	Open Football Session	12.35 - 1.05pm	AWH Astro	LT
	After school	Year 9	Rugby Training (Boys)	4.15 – 5.15pm	AWH Fields	SBR
		Year 9	Hockey Training (Girls)	4.00 – 5.00pm	AWH Astro	LP & NEC
Wednesday	Lunchtime	Year 7 & 8	Badminton Club	12.35 – 1.05pm	THM Dome	JE
		Year 9 - 13	Badminton Club	12.35 – 1.05pm	AWH Dome	LT
		Year 10 - 13	Open Gym Session	12.35 – 1.05pm	AWH SCZ	SBR
	After school	Year 10	Rugby Training (Boys)	4.15 – 5.15pm	AWH Fields	SBR
		Year 7 & 8	Hockey Training (Girls)	4.10 – 5.10pm	AWH Astro	HP & LJD
Thursday	Lunchtime	Year 7 & 8	Basketball Club	12.35 – 1.05pm	THM Dome	JE
		Year 10 - 13	Open Gym Session	12.35 – 1.05pm	AWH SCZ	GRS
		Year 9 - 13	Kickboxing Club	12.35 – 1.05pm	AWH Dome	FP
		Year 9 - 13	Table Tennis	12.35 – 1.05pm	AWH Dome	CMH
	After school	Year 7 & 8	Rugby Training (Boys)	4.15 – 5.15pm	THM Fields	LT & GRS
Friday	Lunchtime	Year 7 & 8	Cross Country	12.35 – 1.05pm	THM Fields	SBR
		Year 10 - 13	Open Gym Session	12.35 – 1.05pm	AWH SCZ	HP/NEC

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